



MANOR ADVENTURE



Llangynwyd Primary School





ARRANGEMENTS

Wednesday 17th - Friday 19th June

- 12 pupils
- 4 adults - Mrs Kehoe, Mr Thomas & 2 others TBC
- Suitcases / medication to be brought to school in the morning and stored in school hall. Medical forms will need to be completed. Available from the office.
- Children will eat an Early Lunch before departing on Wednesday at around 12:30pm.
- Children will return at approximately 3:30pm on Friday. A text will be sent to alert you of our arrival time back at school.





SECURITY AND SAFETY

- All rooms have security key codes to enter.
- 3-6 children per room. Rooms will be allocated upon arrival.
- Rooms are en-suite and on one floor with teachers either side of the corridor.
- Fire drills are held on the first afternoon.
- All group leaders are first-aid trained.
- Information has been sent to Manor Adventure regarding current medical information / dietary requirements.





ORGANISATION

Pupils will take part in 9 activities during the break. Specific activities will be confirmed closer to the time.

Pupils will be in groups and will carry out the activities in their groups.

Timetables of activities will be displayed on the notice boards.

Pupils will be expected to be ready for the activity at the correct time, with the correct clothing / equipment.

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| ☐ Abseiling | ☐ Lake Challenge |
| ☐ Archery | ☐ Low Ropes |
| ☐ Bivouac <u>Building</u> | ☐ Manor Olympics |
| ☐ Blind Trail | ☐ Nature Trail |
| ☐ Camp Craft Skills | ☐ Obstacle Course |
| ☐ Climbing | ☐ Orienteering |
| ☐ Compass Work | ☐ Rifle Shooting |
| ☐ Stand Up Paddle Board | ☐ Raft Building |
| ☐ Disco | ☐ Scavenger Hunt |
| ☐ Evening Walk | ☐ Survival Skills |
| ☐ Fencing | ☐ Team Games |
| ☐ Film Studies/Video | ☐ <u>Volley Ball</u> |
| ☐ Initiative Exercises | ☐ Wide Games |
| ☐ <u>Aeroball</u> | ☐ Zip Wire |





A TYPICAL FULL DAY

7:30 Rise and shine

8:00 Breakfast

9:00-10:30 Activity 1

10:30-10:50 Break

10:50-12:20 Activity 2

12:20-13:40 Lunch time

13:40-15:10 Activity 3

15:10-15:30 Break time

15:30-17:00 Activity 4

17:15-19:00 Free time

19:00-20:30 Activity 5



CLOTHING/EQUIPMENT

- Pupils will need to dress according to the activity undertaken.
- A list of clothing to wear for certain activities will be provided shortly.
- A waterproof jacket is essential along with a water bottle to take during the activities.
- Pupils will need at least 2/3 pairs of trainers (the older the better) especially for the lakeside activities, they WILL get wet.
- ***Make sure children help you pack and KNOW which clothes they are taking and for which activity! ***

**** Names on everything! ****

- A Sleeping bag and pillow is required. Please also provide 2 towels - 1 for the room and 1 for wet activities.



CLOTHING/EQUIPMENT

RECOMMENDED CLOTHING LIST 'WHAT TO BRING'

- Luggage:** Please restrict this to one case plus one piece of hand luggage. Metal framed rucksacks should be avoided as they are difficult to fit into the coach.
- Bedding:** STUDENTS: Please note that accommodation is provided on the basis that all students will bring freshly laundered sleeping bags, pillow & pillowcase(s) with them. Teachers are provided with bed linen.
Manor Adventure cannot accept responsibility for any insect bites / infestations if brought in on clients' sleeping bags / bedding.
- Clothing:** Please ensure all clothes, shoes, bags, etc are named, so that if they do get lost, we can easily forward them to the owner.
- Spending Money:** This is not essential, but children may wish to have some money to spend on souvenirs (i.e. postcards). Or sweets, drinks from our vending machines. ***Parents must provide coins not notes.***
- Torch:** Needed for hill walks
- Rucksack:** Needed for hill walks



CLOTHING/EQUIPMENT

INDOOR CLOTHES

FEMALES: T-Shirts, trousers/jogging bottoms, jumpers/sweatshirts/ long sleeved tops, underwear, toiletries including soap, towels (x2), slippers, nightwear and swimming costume.

MALES: T-Shirts, trousers/jogging bottoms, jumpers/sweatshirts/ long sleeved tops, underwear, toiletries including soap, towels (x2), slippers, nightwear and swimming trunks.

OUTDOOR CLOTHES (FEMALES / MALES)

PULLOVERS: Wool or fleece is best.

TROUSERS: Any thick woven fabric and/or jogging bottoms. Denim jeans are not ideal for outdoor use.

SHORTS: For walking, games, etc.

SHOES: Any good training shoes or walking boots. Plus a spare pair of trainers is advisable.

CAGOULE: To keep out the wind & rain.

HAT: Important during cooler days.

GLOVES: Wool or nylon pile is probably the best, as leather is cold when wet and takes a long time to dry.

* EXTRAS

- NO MOBILE PHONES or electronic devices of any description to be taken.
- staff will contact home should there be any need.
- Grounds are secure and no visitors are permitted on site at any time.
- There is a vending machine on site. Pupils will need to bring change for the machine i.e. 50p, 20p, 10p and 5p

* And Finally...

The Manor Adventure experience will be an exciting, challenging few days that they will remember for their lifetime!

Many of the children have been looking forward to the trip since their first day in Purple Class, and possibly even before that!

Pupils will be reminded before and during the break of the need for the highest standards of listening, effort and behaviour.

If you require any further information, please contact the school office.

admin@llangynwydps.bridgend.cymru

head@llangynwydps.bridgend.cymru

Diolch

Mrs Kehoe & Mr Volausek